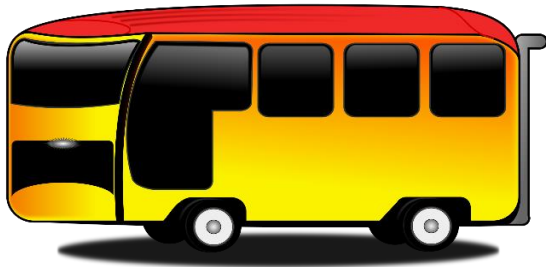


Week of  
September 12th – September 18th



Home is Here...  
Life Happens Here

### Check out what's happening with the Hermitage Transportation Department...

There are a few changes happening in the transportation department:

- Check the front desk for the new transportation form that has been revamped for a more efficient service to our residents.
- All transportation forms need to be turned in by 3:00 pm the day before services are needed.
- Any trips that exceed 8 miles of the Hermitage, will incur an extra charge.

We are so happy to be able to provide these services and look forward to serving you!

**Leaves**  
are supposed  
to fall.  
**People** aren't.

The Season is changing but your Balance doesn't have to. Let's make sure the only things falling this autumn are the leaves.

**Please join us for the  
Genesis Rehab Services  
Fall Screening Event!**

**Who:** All Residents

**Where:** Hermitage Rehab Gym  
(Ground Floor in the Healthcare Center)

**When:** Thursday, September 22,  
2016; 1:00 pm – 3:00 pm

**What:** Free blood pressure screening, balance testing and educational handouts to reduce your risk of falling. There will be giveaways.



## **The Hermitage Beauty Shop News...**

It is our hope that everyone has had an opportunity to meet Gayle our new beautician. She comes with a wealth of experience and has enjoyed the past two months that she has been a part of our community. The shop offers a variety of services for both men and women.

The hours are now:

**Tuesdays and Fridays 8:00am – 1:00pm.**

If you are unable to go to the shop on those days, the Hermitage is offering transportation to the Hair Cuttery on Saturdays, per resident's request.

If you want to make an appointment, please check out our new procedures:

- Please contact the front desk in the Assisted Living Building at 703-797-3800.
- The Front Desk will check the schedule and provide you with the available appointment days and times.
- The Front Desk will submit your appointment to the beauty shop and you will be provided a reminder notification the day before your appointment.

*Home is Here...*

*Life Happens Here*

