

The Maintenance and Engineering Department (along with a little help from Nursing – Michelle Butler) won the trophy and let's not forget the amazing game show host – Kenya Bryant, Social Service



**The Hermitage Team Members had a blast playing “Family Feud – Hermitage Edition”**  
**Tons of laughter, fun and team building!**



# Fall is Here!



*Shorter days and cooler evenings are here, a sign that influenza (flu) season will be upon us soon. Flu is a contagious respiratory disease that infects the nose, throat, and lungs. People often confuse the common cold for flu because the symptoms are similar. But, colds are usually milder than flu. Flu can lead to serious complications, hospitalization, or even death. Pneumonia and bronchitis are examples of serious flu-related complications.*

*Millions of people make a point of getting a flu vaccine in the fall. Many are following the advice of their doctor or other trusted health professional by getting vaccinated. Along with CDC, the American Academy of Pediatrics, the American Medical Association, the National Foundation of Infectious Diseases and many other professional medical groups recommend an annual influenza vaccine.*

*Let's stay healthy this flu season!*

**“Autumn, the year’s last loveliest smile.” –  
William Cullen Bryant**