

PINNACLE LIVING

February 2020



HERMITAGE

NORTHERN
VIRGINIA

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February

Library Lovers
Month

Mend a Broken
Heart Month

Black History
Month

Groundhog Day
February 2

Valentine's Day
February 14

U.S Presidents' Day
February 17

Mardi Gras
February 25

Leap Year Day
February 29

HAPPY BIRTHDAY

Wednesday February 26th residents who celebrate their birthday in February, can enjoy a luncheon in the Dining Room at 12:00 noon. Residents who celebrate their birthday can bring a guest to enjoy this moment with them.

HAPPY BIRTHDAY

Yvette Fallin	4
Gertrude Colegrove	6
William Wallace	8
Beverly Ruser	9
Georgianne O'Connor	22
Rachel Garbee	25

RESIDENT TOWN HALL MEETING

Wednesday February 19th join us at 3:30 pm in the Auditorium for Resident's Town Hall Meeting. At this meeting residents will be updated of any changes that may occur in the community as well as any questions residents may have will be answered by the Executive Director Chris Gardner

Saturday 1st 10:45 am
T J Stars

Sunday 2nd 3:45 pm
Guitarist/Singer Chris Edwards

Friday 7th 3:45 pm
Pianist Rick Mumford

Sunday 9th 3:45 pm
Keyboardist/Singer Gurda

Friday 14th 6:00 pm
Pianist Jerry Roman

Sunday 16th 3:45 pm
Bluegrass Singers Davis & Bradley

Thursday 20th 1:30 pm
Josh Urban Radio Classic

Friday 21st 3:45 pm
Old Dominion Trio band

Sunday 23rd 3:45 pm
Saxophonist Keith Wilson

Friday 28th 3:45 pm
NiteHawks Swing band

Performances are held in the Auditorium



Monday Presentations

Historian Mac Myers

Feb. 6th

Librarian Rose Dowson

Jan. 13th

Author Gina Andrews

Jan. 20th

Jack French

Jan. 27th -

STRAWBERRY PATCH

If you would like to volunteer at the Strawberry Patch thrift store, please contact Mary King at 703-797-3880 or EdDee, at 571-216-9028. We are open Wednesday, Friday and Saturday from 10-2 pm. One hundred percent of their proceeds goes back into the Hermitage and the Samaritan Fund.

ST. JAMES DAYCARE

Wednesday February 12th join students from St. James Daycare at 10:00 am in the Penthouse, for a "Be my Valentine" program.

Lunch Bunch

Wednesday February 19th the bus leaves at 11:00 am for a Lunch Bunch trip to Vola's Restaurant. Please sign up in the trip folder at the Reception desk.

Exercise Program

Julia Boghean is a yoga and fitness instructor who specializes in teaching at retirement communities in the Northern Virginia. She is passionate about health & fitness and her goal is to provide a fun, educational, and friendly experience to empower YOU to live a happier and healthier life. Don't miss her hour-long class Tuesdays and Thursdays from 10:00AM-11:00AM."

VALENTINE DAY ICECREAM SOCIAL

Friday February 14th join us at 2:00 pm in the Garden Level even side as we celebrate Valentines day with an Ice-cream Social.



SEE YOU THERE

2020 RENOVATIONS

Due to Community Renovations, many Activity programs have been relocated to various floors and the time of some Activities has been changed. The time of most of our entertainment has been changed to 3:45 pm and is now in the Auditorium. Exercise is in the 4th Floor Lounge and Presentations are in the 6th Floor Lounge. There are more relocations, so please check your dailies for current

LIBRARY COMMITTEE MEETING

The Library Committee Meeting has moved to the 3rd Wednesday of every month at 10:00 am, in the Private Dining Room. This will be held on the same day as the Resident Town Hall meeting. The next meeting will take place Wednesday February 19th.

BREEZE TIME

Join us for Breeze Time every Tuesday at 2:00 pm in the 6th Floor Lounge.

February 4th Dining Team Member S. Vaughn

February 11th HCC Activities Coordinator
Sylvia Parson

February 18th Ambassador Cindy Courville

February 25th Health Pro

Sunday's at 1:15 pm | Wednesday's at 1:30 pm

February Movies 2020

Sunday, February 2-Fences 2016-Set in 1950s Pittsburgh, the film adaptation of August Wilson's Pulitzer Prize-winning play takes a passionate look at former baseball player Troy Maxson as he fights to provide for those he loves in a world that threatens to push him down. Historical, Drama- 2016(2 Hrs. 18 Mins)

Wednesday, February 5-Sully-The story of Chesley Sullenberger, who became a hero after gliding his plane along the water in the Hudson River, saving all of his 155 passengers. Drama- 2016 (1 hr. 35 Mins)

Sunday, February 9-Everest-Everest documents the deadly journey of two mountain climbing expeditions challenged beyond their limits by one of the fiercest snowstorms ever encountered by mankind. Drama, Action, Suspense- 2015 (2 Hrs. 1 Min)

Wednesday, February 12-Killing Kennedy-Rob Lowe and Ginnifer Goodwin star in this shocking thriller -- based on Bill O'Reilly and Martin Dugard's best seller -- that traces the moments before JFK's assassination. Drama- 2013 (1 Hr. 27 Mins.)

Sunday, February 16-Casablanca-A jaded nightclub owner in war-torn Casablanca, whose loyalties are put to the test when his old flame, Ingrid Bergman, reappears to seek Rick's help in escaping from the Nazis. Drama- 1943 (1Hr. 42 Mins.)

Wednesday, February 19-Hachi: A Dog's Tale-From Academy Award®-nominated director Lasse Hallström (2000, The Cider House Rules) comes HACHI: A DOG'S TALE, a film based on one of the most treasured and heartwarming true stories ever told. Golden Globe winner Richard Gere (2002, Best Actor in a Musical or Comedy, Chicago) and Academy Award® nominee Joan Allen (2000, Best Actress, The Contender) star in this inspiring true story. Kids, Drama-2010 (1Hr. 33 Mins.)

Sunday, February 23-Max and Helene-Love, passion, and murder haunt a passionate romance in this drama. When the young soldier meets Helene, a torrid affair begins. 15 years after the war has ended, Max finds out that the love of his life was murdered in a concentration camp, setting off on a relentless manhunt for vengeance. Action, Drama- 2015 (1 Hr. 39 Mins.)

Wednesday, February 26-The Count of Monte Cristo-A classic tale of injustice, revenge and retribution, in which Edmond Dantes is falsely accused by three men of conspiring with Napoleon. Richard Chamberlain stars in this definitive adaptation of Alexandre Dumas' perennial favorite novel. Drama- 1975 (1 Hr. 43 Mins)



The way of a fool is right in his own eyes, but he who heeds counsel is wise. Proverbs 12:15

“Have you ever ridden before?” The man at the stables asked us as he selected a horse for each of us.

“Oh, yeah!” said one young man in our group. “What kind of horses do you have?”

“We’ve got everything from nice gentle mares you could put as baby on, to rodeo horses.”

“Well, don’t try to give me an old nag. I want a horse with some spirit.”

“Are you sure about that?” the stable hand asked.

“Absolutely, I can ride anything you got. Give me a rodeo horse!”

“Okay, if that’s what you want.”

“Son, are you sure that’s a good idea?” the young man’s father said to him when the stable hand walked off, “You haven’t ridden since you were a teenager, and even then; it was only once or twice a summer on that old, horse at your grandfather’s farm.”

“Look, Dad, I’m 32 years old. I know what I’m doing. I came here to ride.”

One of the nice things about renting horses from this stable was that they would meet us at the river and take care of the horses while we ate lunch and went for a swim. Then after a couple of hours, they would help us saddle back up and head back for the stables. My husband and I took our time and enjoyed the ride down to the river. We lost track of some of the others, including the young man on the “rodeo horse.” When we got down to the river, I was a little surprised that he wasn’t there ahead of us. In fact, it was over an hour before the young man showed up. When he did he was on foot. Though he wasn’t seriously injured, from the way he was walking, I suspect that more than his pride was bruised that day.

More than once in my life I’ve been in this young man’s situation. I was quick to act on what seemed like a great idea at the time, only to come to regret it later. But as today’s scripture from the book of Proverbs reminds us, knowing when to heed the advice of others can save us a whole lot of trouble.