

PINNACLE LIVING

March 2020



HERMITAGE

NORTHERN
VIRGINIA

5000 Fairbanks Ave. Alex. Va. 22311
703-797-3800 * Fax 703-820-1816

Celebrating March

Irish American
Heritage Month

Women's History
Month

International Black
Women in Jazz and
the Arts Month

World Compliment
Day
March 1

International
Women's Day
March 8

St. Patrick's Day
March 17

Tuskegee Airmen
Day
March 22

Make Up Your Own
Holiday Day
March 26

HAPPY BIRTHDAY

Wednesday March 25th residents who celebrate their birthday in March, can enjoy a luncheon in the Dining Room at 12:00 noon. Residents who celebrate their birthday can bring a guest to enjoy this moment with them.

HAPPY BIRTHDAY

Dorothy Totten	05
Gladys Meyers	16
Yoshie Fagan	16
Lillian Dandridge	23
Jean Incorvia	29

RESIDENT TOWN HALL MEETING

Wednesday March 18th join us at 3:30 pm in the Auditorium for Resident's Town Hall Meeting. At this meeting residents will be updated of any changes that may occur in the community as well as any questions residents may have will be answered by the Executive Director Chris Gardner

Sunday March 8th
**Daylight Savings
Time Begins**



Sunday 1st 3:45 pm
Keyboardist/Singer Gurda

Saturday 7th 3:15 pm
TJ Stars

Sunday 8th 3:45 pm
Pianist/Singer Silver Lining

Friday 13th 6:00 pm
Pianist Jerry Roman

Sunday 15th 3:45 pm
Loye's St. Patrick's Day Special

Thursday 19th 1:30 pm
Josh Urban Radio Classic

Wednesday 18th 3:00 pm
Gideon's St. Patrick's Day Special

Friday 21st 3:45 pm
Guitarist/Singer Ernie Tolley

Sunday 22nd 3:45 pm
Bluegrass Singers Davis & Bradley

Friday 28th 3:45 pm
NiteHawks Swing band

Saturday 28th 10:30 am
Children of the Light Dancers

Sunday 29th 3:45 pm
Eudora Performing Arts

*Performances are held in the Auditorium or
in the 6th Floor Lounge*

Monday Presentations for March

2nd - Musical Mending Workshop

Melanie Edwards

9th - Ambassador Cindy Courville

16th - St. Patrick's Day

Activities Team members

23rd - Nothing but Good News

Jerry Grossman

30th - Wild West and Popular Culture

Jack French

FREE BOOK SIGNING

Thursday March 5th residents can join resident Stanley Turkel on the 6th Floor Lounge for a "Free Book Signing" at 2:00 pm.

"Hotel Mavens Volume Three:

- Bob & Larry Tisch
- Curt Strand
- Ralph Hitz
- Cesar Ritz
- Raymond Orteig"

By Stanley Turkel

Children of the Light Dancers

Saturday March 28th at 10:30 am, lets join Children of the light Dancers as they perform in the Auditorium. They are truly no strangers to our community, for they have been performing here for over 5 years. Let us come together and give our support to this volunteer group.

Eudora Performing Arts

Sunday March 29th let's welcome back Eudora Performing Arts Dancers as they perform in the Auditorium beginning at 4:00 pm. They performed for our community last December and enjoyed our welcome. Their repertoire of dance selections was wonderful.

Lunch Bunch

Wednesday March 18th the bus leaves at 11:00 am for a Lunch Bunch trip to **Charter House** Restaurant in Alexandria. Check out the menu and sign up in the trip folder at the Reception desk, if interested.

STRAWBERRY PATCH

If you would like to volunteer at the Strawberry Patch thrift store, please contact Mary King at 703-797-3880 or EdDee, at 571-216-9028. We are open Wednesday, Friday and Saturday from 10-2 pm. One hundred percent of their proceeds goes back into the Hermitage and the Samaritan Fund.

Women's Auxiliary of Fairfax Fundraiser

The Salvation Army Women's Auxiliary of Fairfax is hosting its 40th annual fundraiser to be held April 3rd at Fair Oaks Mall. This event includes a Fashion Show, Entertainment, Luncheon, Silent Auction, Jewelry Nook, Attic treasures, etc.

Activities begins at 10:30 am. Tickets cost \$45.00. **Reservations must be made by March 20th.** Proceeds go to Salvation Army Projects. If interested, inform the Activities Department.

NEW Activities

Residents can check out the "new" Activities that is added to our **March Calendar**. The dates and time will be listed.

- Bridge
- Karaoke
- Knitting Circle
- Documentaries moved to the 1st two Saturday and last two Tuesdays.
- Movie/Lunch Trip
- Comedy Hour, etc.

Sunday's at 1:15 pm | Wednesday's at 1:30 pm March Movies 2020

Sunday, March 1st-Message in a Bottle- Grieving widower Garret Blake builds boats for a living. Rebuilding his life—that's another matter. But that's before Theresa Osborne comes to his North Carolina . 1999 Drama/Romance

Wednesday, March 4th-The Notebook- Behind every great love is a great story. Two teenagers from opposite sides of the tracks fall in love during one summer together, but are tragically forced apart. 2005 Drama

Sunday, March 8th-Grand Daddy Day Care - A family man turns his house into a 'day care' center for senior citizens. 2019 Comedy

Wednesday, March 11th-Vantage Point-The story focuses on an assassination attempt on the President of the United States, as seen from the various vantage points of different characters. 2008 Drama, Suspense

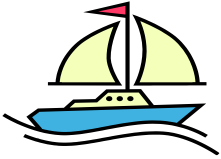
Sunday, March 15th-Chitty, Chitty, Bang, Bang-1968 musical adventure fantasy film based on Ian Fleming's 1964 novel. Fantasy/ Adventure

Wednesday, March 18th-Hidden Figures-An incredible & inspiring untold true story about three women at NASA who were instrumental in one of history's greatest operations. 2016 Drama/Historical

Sunday, March 22nd-Where Hope Grows-A self-destructive former pro baseball player's faith in God is restored when he meets Produce, an inspirational man with Down syndrome. 2015 Drama, Faith and Spirituality

Wednesday, March 25th-The Boy In The Striped Pajamas-Set during World War II, a story seen through the innocent eyes of Bruno, the eight-year-old son of the commandant, whose forbidden friendship with a Jewish boy on the other side of the camp fence has startling and unexpected consequences. 2008 Drama

Sunday, March 29th-Chaplin-'Chaplin' is a loving, grand scale portrait of the Little Tramp's amazing life and times. His poverty-stricken childhood in England comes to life, along with his friendships, his many wives and scandalous affairs, and his pursuit by J. Edgar Hoover.1993 Drama, Comedy



“Pride goes before destruction, a haughty spirit before a fall.” Proverbs 16:18

“No thanks, I’ve almost got it.” I called out as I pulled the cord on motor one more time. Brenda, one of the nurses I worked with and I were coming in from sailing on Lake Ponchatrain. We had dropped the sails and were using the motor to maneuver the 25 feet sailboat back into the marina when the engine died.

Two guys came along in a power boat and offered to tow us in, but I turned down their offer. I simply hated to admit I needed help, particularly when it came to sailing. So, there I was, angrily pulling on the cord again and again trying to start the engine.

Well, they all just sat there and watched me for a few minutes. I kept trying to start the engine and meanwhile, our sailboat was drifting nearer and nearer to the rocks. Brenda, finally said, “Kathy, Give it up! We need to let them tow us in or we’re going to end up busting this fiberglass boat on those rocks!”

I had gotten so caught up in doing it by myself, I was willing to end up on the rocks rather than accept help. My pride had nearly caused us to run aground on the rocks. As today’s scripture from Proverbs reminds us, the type of pride that prevents us from accepting help when we need it can destroy us. The truth is all human beings need some type of help from one another during their lives. And an even more important spiritual truth is that all of us need a Savior. And if we are too proud to admit that, it will surely lead to our destruction.

CHRIST CHURCH TRIP

Friday March 20th
the bus leaves at 9:30 am for a trip to Christ Church. This is an historical Episcopal church located in Alexandria, Virginia. It was constructed as the main church in the Church of England's Fairfax Parish, the building was designed by Col. James Wren, a descendant of Sir Christopher Wren. A docent will be there to share about the church and history.



MOVIE & LUNCH

Wednesday March 11th
the Bus leaves at 9:30 am to Cinema Arts Theatre to see a movie. We will discuss with residents that has interest in going the featured movie. Please sign up in the Trip Folder at the Reception Desk

March * Madness

Later this month, many people will be glued to their TV sets watching the college basketball tournament as they cheer on their favorite team. For basketball fans, every March Madness win is a celebrated achievement! Whether you are a basketball fan or not, the NCAA Basketball Tournament gives us the opportunity to cheer for and support our favorite schools.

You can put that same kind of March Madness spirit into support for your community. Here are a couple of noteworthy opportunities this month.

1. Make a gift to your community Samaritan Program:
 - a. In memory of those residents and friends who have recently passed away.
 - b. In honor of family and friends who have recently celebrated birthdays.

2. Make a designated contribution for a specific project fund in your community. If you would like a recommendation for this type of gift, please reach out to your Executive Director Chris Gardner for details.

CROSS

- 1. To terrify (archaic)
- 6. To tax or access
- 10. Whacks
- 14. More pleasant
- 15. Leave out
- 16. River of Spain
- 17. Jibe
- 18. Roman emperor
- 19. Lunch or dinner
- 20. From that time on
- 22. Countertenor
- 23. Sandwich shop
- 24. Exit
- 26. After-bath powder
- 30. Martini ingredient
- 31. Long-haired wild ox
- 32. Murres
- 33. Chilled
- 35. Fees for buses
- 39. Storm
- 41. On leave (military)
- 43. Flavorful
- 44. Peddle
- 46. Connects two points
- 47. 2,000 pounds
- 49. Spelling contest
- 50. Biblical garden
- 51. Slander
- 54. Mining finds
- 56. Wicked
- 57. State of being clean
- 63. Timbuktu country
- 64. Blockhead
- 65. Twilled fabric
- 66. Midmonth date
- 67. Tardy
- 68. Supporting column
- 69. Check
- 70. Visual organs
- 71. Affirmatives

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21						22			
				23					24	25				
26	27	28	29		30				31					
32					33			34		35		36	37	38
39				40					41	42				
43						44	45				46			
			47		48		49				50			
51	52	53					54			55				
56						57	58				59	60	61	62
63						64					65			
66						67					68			
69						70					71			

DOWN

- | | | |
|---|--|---|
| <ul style="list-style-type: none"> 1. Annoying insect 2. Not low 3. Unit of land 4. Clairvoyant 5. Cornered 6. Disputes 7. A white crystalline alkaloid 8. "Your majesty" 9. A level in a building 10. Noteworthy 11. Poplar tree 12. Backsides | <ul style="list-style-type: none"> 13. Flies alone 21. Armor 25. Spike 26. Sounds of reproof 27. District 28. Not stiff 29. Free-enterprise 34. Dark-colored, igneous rocks 36. Police action 37. Feudal worker 38. Observed 40. Anagram of "Dome" | <ul style="list-style-type: none"> 42. Swift 45. Hard rubber 48. Get cozy 51. To yield or submit 52. Avoid 53. Dossiers 55. Impudent 58. On the road 59. French for "Head" 60. Colored part of an eye 61. Leer at 62. Catches |
|---|--|---|