

# Hermitage Northern Virginia

ENRICHING LIFE'S JOURNEY

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## FEBRUARY 2019

### MUSICAL ENTERTAINMENT

**Friday February 1<sup>st</sup>** at 6:15 pm join us in the Lobby for Friday Night at the movies.

**Sunday February 3<sup>rd</sup>** at 2:00 pm, join "Tiny" for a Chinese New Year Presentation in the Lobby.

**Tuesday February 5<sup>th</sup>** join Pianist Rick Mumford for Tea Time in the Lobby.

**Friday February 8<sup>th</sup>** Pianist Jerry Roman at 6:00 pm in the Lobby.

**Sunday February 10<sup>th</sup>** join Saxophonist Keith Wilson in the Lobby at 4:00 pm.

**Friday February 15<sup>th</sup>** join Keyboardist and Singer Gurda in the Lobby at 6:15 pm.

**Sunday February 17<sup>th</sup>** Guitarist and Singer Ernie Tolley in the Lobby at 4:00 pm.

**Friday February 22<sup>nd</sup>** join Bluegrass Singers Davis/Bradley in the Lobby at 6:15 pm.

**Sunday February 24<sup>th</sup>** at 4:00 pm join Singer/Pianist Ron Howard in the Lobby.

### FEBRUARY BIRTHDAYS

Residents who celebrate their birthday in February can enjoy a luncheon in their honor on February 27<sup>th</sup> in the Dining Room at 12:00 noon. Residents whose name is on the list can bring their spouse along to enjoy this moment with them.

Yvette Fallin	4
Mary Colegrove	6
Beverly Ruser	9
Sarah Hughes	13
Rachel Garbee	25
Cornelia Warmenhoven	28

### ON THE BASIS OF SEX

**Friday February 8<sup>th</sup>** the bus leaves at 10:30 for lunch and then to the movies to watch "**On the Basis of Sex.**"

This movie is about Ruth Bader Ginsburg who is a struggling attorney and new mother who faces adversity and numerous obstacles in her fight for equal rights. When Ruth takes on a groundbreaking tax case with her husband, attorney Martin Ginsburg, she knows it could change the direction of her career and the way the courts view gender discrimination.



### Playroom for Kids Grand Opening

Friday February 1<sup>st</sup> at 10:00 am, come and join us for the Grand Opening of "Meemaws Playroom for kids" on the Garden Level Floor. This room is in memory of Jean Snyder, who was a long-time resident at our community, and is being made available to everyone. Stop by and visit!

### Botanical Gardens Friday February

**18<sup>th</sup>** the bus leaves at 9:30 am for a trip to the Botanical Gardens. Residents if you are interest in going, you can sign up in the trip folder at the Reception Desk.

### GREENVIEW GARDENS TEA SOCIAL

**Saturday February 9<sup>th</sup>** join us in the Auditorium at 2:00 pm for our Valentine's Day Tea Social. Family and friends are welcome to attend. If you are inviting a guest, please RSVP by February 2<sup>nd</sup>. Entertainment will be provided by Old Dominion Trio. Our invited guests is Guiding Angels Ministry. There will be a variety of games and prizes to be won.



*My father, Dexter Grant, age 9 and his brother Philip, age 4, gathering sap from maple trees in Redfield, NY – March, 1928*

### LEMON TREE

This is an in-house convenience store, where you can purchase in stock items or you can order the items you need and it will be delivered. It is located on the Ground Level and hours of operations are Monday -Saturday 10:00 am-2:00 pm.

### STRAWBERRY PATCH

The Strawberry Patch is our community Thrift store located on the Ground level and their opening hours are 10:00 am-2:00 pm, Wednesday, Friday and Saturday.

### LUNCH BUNCH

**Wednesday February 20<sup>th</sup>** the bus leaves at 11:00 am for a Lunch Bunch trip to La Madeleine Restaurant. Interested in going, please sign up in the trip folder at the Reception desk.

### “Good understanding gives favor: but the way of transgressors is hard.” Proverbs 13:15

My father told me how one day when he was about 7 or 8 years old he was in the field across from their farmhouse. Dad was playing with a sling that he had made. He was David; and the tree by the road was Goliath. Dad had been called to come in for dinner.

“Just once more,” he told himself. He was so close, and he was sure that this time he’d get it perfect and hit that old tree just like David hit Goliath. Dad put the rock into the sling and twirled it over his head, picking up speed with each turn. Then he let one end of the sling go and watched to rock fly...

Inside the dining room, the family had just sat down at the table. My grandfather leaned over to reach for a serving bowl when the pane of glass shattered and a rock whizzed through the air where his head had just been. Dad said he couldn’t sit down for a week. Dad would have avoided a whole lot of trouble if he had just come in for dinner when his parents called him in the first place. But that first transgression, disobeying his parents, opened up the opportunity for him to commit the second transgression, carelessness in slinging the rock that broke the window and nearly hit my grandfather in the head. Poor choices certainly took my Dad down a hard path that day.

Today’s reading from Proverbs reminds us that the choices we make in life have consequences. When we disobey God’s will, we make things hard on ourselves. Understanding God’s will and doing it works out a whole lot better in the long run.

### The Religious Life Committee welcomes new members!

Are you interested in helping to insure that the spiritual needs of everyone at the Hermitage are being met?

When: **2<sup>nd</sup> Monday of every month at 1:30pm**

Where: **The Chapel. Join Us!**

## Sunday movies - channel (2)



## Wednesday movies -Chapel

**Sun, February 3<sup>rd</sup> - 12 Angry Men (1957)** Henry Fonda, Lee J. Cobb, Ed Begley and Jack Klugman lead in this tense, courtroom drama -- nominated for three Oscars including Best Picture -- about one juror determined to sway the opinions of eleven others.

**Sun, February 10<sup>th</sup> - Love, Kennedy (2017)** Kennedy Hansen is a funny, loving child but inexplicably she begins to fall. It takes years for the diagnosis; Juvenile Batten Disease, an extremely rare, terrible and terminal prognosis. There is no cure for Batten Disease and after living only sixteen years, Kennedy leaves behind a great legacy of love and friendship. But her story doesn't end at her death, that's when the miracles really begin.

**Wed, February 13<sup>th</sup> - You're Not You (2014)** A drama centered on a classical pianist who has been diagnosed with ALS and the brash college student who becomes her caregiver.

**Sun, February 17<sup>th</sup> - The Lamp - Just Believe-** A couple's marriage has fallen apart after the death of their son, until a mysterious stranger presents them with a magical lamp and three wishes to put things right. However, they must choose very carefully what they ask for.

**Wed, February 20<sup>th</sup> - The Power of Three (2013)** Three former school friends reunite in London to discover the women they once were and could be again. Thirty years ago Michelle, Olivia and Lizzie were best friends in college. A reunion is coming on the eve of Michelle's 50th birthday party. A comedy set in London, each woman has an unfulfilled dream and a personal quest. It begins with the "power of three".

**Sun, February 24<sup>th</sup> - It's A Wonderful Life (1947) (Black & White Version)** An angel helps a compassionate but despairingly frustrated businessman by showing what life would have been like if he never existed.

**Wed, February 27<sup>th</sup> - Words and Pictures (2014)** Prep school English teacher Jack Marcus (Clive Owen) meets his match in Dina Delsanto (Juliette Binoche) -- an abstract painter and the new art teacher on campus.

## FINANCING OPTIONS

**Thursday February 7<sup>th</sup>** at 6:00 pm, please join Armada Senior Care for a presentation on Long Term Care Financing Options, "Ways to Pay" in the Lobby. Armada Senior Care and their associates can advise you by educating you and your loved ones, about various ways you can pay for care that you may not know about. Learn more about these options that can be utilized.

## JEWISH SERVICE

Join Gideon F. on **Friday February 1<sup>st</sup> 2019** at 3:30 pm in the Healthcare Center third Floor, for this newly started Jewish Service. Residents who are interested in participating, please inform someone from Activities and they will assist you.

## FRIDAY NIGHT MOVIE

**February 1<sup>st</sup>** at 6:00 pm in the Lobby, join us for **"What they had."** After her ailing mother wanders off during a blizzard, Bridget returns to her childhood home in Chicago, accompanied by her rebellious daughter. Forced to referee between her father's stubborn insistence that his wife remains at home and her equally determined brother's efforts to place her in a "memory care" facility, Bridget struggles to make sense of a lifetime of family conflict. With her mother's decline becoming increasingly obvious, long-simmering resentments bubble to the surface.



## MARINE BAND CONCERT

**Sunday February 10<sup>th</sup>** the bus leaves at 1:00 pm for a 2:00 pm performance at Schlesinger Hall titled Portraits. From Don Quichotte, Dulcinee, and Desi Arnaz to Sir Edward Elgar's "friends pictured within" his magnum opus, this concert paints a series of musical portraits culminating in the renowned Enigma Variations, which celebrates its 120th anniversary this year. The gallery will also feature Richard Strauss' Till Eulenspiegel's Merry Pranks, Maurice Ravel's song cycle Don Quichotte à Dulcinée, Michael Daugherty's Desi, and James Syler's new work Love Among the Ruins for viola, winds, and percussion, inspired Robert Browning's riveting poem of the same name.

## FITNESS PROGRAM

A new year brings new opportunity to enhance our lives. Fitness and wellbeing is critical to living a healthy, happy life. We are very excited to announce a new Fitness/Wellness program coming to Hermitage Northern Virginia. Starting Monday February, 4<sup>th</sup>, and every Monday thereafter, we welcome Andrea Howard, with Beyond Wellness, to conduct specialty fitness/wellness classes, discussions, and activities. Are you ready to get more flexibility, balance, strength, or range of motion? Are you looking forward to feeling better in 2019? Please join us for these rewarding sessions...you won't regret it!

## PRESENTATIONS

**Monday February 4<sup>th</sup>** enjoy a presentation by resident Stan Turkel in the Lobby at 1:30 pm.

**Monday February 11<sup>th</sup> at 2:00 pm** join Mr. Mac Meyers for a presentation in the Lobby.

**Monday February 18<sup>th</sup> at 2:00 pm** join our Social Services Coordinator Mrs. Kenya Bryant for a presentation in the Lobby.

**Monday February 25<sup>th</sup>** join DJ Josh Irvine for a great radio rendition of music of all eras -40's, 50's, 60's etc.

## U.S. ARMY CONCERT BAND

**Saturday February 23<sup>rd</sup>** the bus leaves at 6:30 pm for a 7:30 pm performance by the U.S. Army Concert Band and Army Voices | Patriots and Presidents | The French Connection, at the Schlesinger Hall. Lincoln's Gettysburg Address, Teddy Roosevelt's Rough Riders, and the Founding Fathers' French Connection are spotlighted in this concert featuring music by George Gershwin, Randol Bass, Julie Giroux, and Lin-Manuel Miranda.