

PINNACLE LIVING

January 2020



HERMITAGE

NORTHERN
VIRGINIA

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Celebrating January

Get Organized
Month

Skating Month

Polka Music Month

New Year's Day
January 1

Bird Day
January 5

Static Electricity
Day
January 9

International Kite
Day
January 14

Martin Luther King
Jr. Day
January 20

Compliment Day
January 24

Inspire Your Heart
with Art Day
January 31

HAPPY BIRTHDAY

Wednesday January 22nd residents who celebrate their birthday in January, can enjoy a luncheon in the Dining Room at 12:00 noon. Residents who celebrate their birthday can bring a guest to enjoy this moment with them.

HAPPY BIRTHDAY

Catherine Grubbs	5
Rose Hall	16
Frederick Gloeckler	20
Norma Jean Lawton	23
Helena Scott	23
Loretta Kuhn	30
Alexander Stevas	30

RESIDENT TOWN HALL MEETING

Wednesday January 15th join us at 3:30 pm in the Auditorium for Resident's Town Hall Meeting. At this meeting residents will be updated of any changes that may occur in the community as well as any questions residents may have will be answered by the Executive Director Chris Gardner

Friday 3rd 4:00 pm
Pianist Rick Mumford

Saturday 4th 10:45 am
T J Stars

Sunday 5th 4:00 pm
Keyboardist/Singer Ron Howard

Friday 10th 6:00 pm
Pianist Jerry Roman

Sunday 12th 4:00 pm
Bluegrass Singers Davis & Bradley

Thursday 16th 1:30 pm
Josh Urban Radio Classic

Friday 17th 4:00 pm
Saxophonist Keith Wilson

Sunday 19th 4:00 pm
Pianist/Singer Silver Lining

Friday 24th 4:00 pm
Guitarist/Singer Tender Polman

Sunday 26th 4:00 pm
DJ Ed Schaeffer

Friday 31st 4:00 pm
Singer Charlie Lopez

Monday Presentations

Jan. 6th -Police Officer Bennie Evans
Homeless Outreach

Jan. 13th -Cindy Courville

Jan. 20th -Team Members Program
Martin Luther King Jr.

Jan. 27th - Jack French

STRAWBERRY PATCH

If you would like to volunteer at the Strawberry Patch thrift store, please contact Mary King at 703-797-3880 or EdDee, at 571-216-9028. We are open Wednesday, Friday and Saturday from 10-2 pm. One hundred percent of their proceeds goes back into the Hermitage and the Samaritan Fund.

BROWN'S ACADEMY

Monday January 20th join students from Brown's Academy at 10:00 am in the Penthouse. They are joining us in celebration of Martin Luther King Jr's. Day. This is the beginning of future endeavors.

LUNCH BUNCH

Wednesday January 15th the bus leaves at 11:00 am for a Lunch Bunch trip to Longhorn Steakhouse Restaurant. Please sign up in the trip folder at the Reception desk.

DEPARTMENT OF MOTOR VEHICLES

Wednesday January 8th join the Department of Motor Vehicles (DMV Connect) from 10:00 am to 2:00 pm in the 2nd Floor Solarium even side. They will be here to assist with all your automotive and personal documentation.

- Real and Personal Identification
- Permits/Driver's License/Renewals
- License plate registration/renewal etc.

2020 RENOVATIONS

Due to Community Renovations, many Activity programs have been relocated to various floors and the time of some Activities has been changed. The time of most of our entertainment has been changed to 4:00 pm and is now in the Auditorium. Exercise is in the 4th Floor Lounge and Presentations are in the 6th Floor Lounge. There are more relocations, so please check your dailies for current changes.

LIBRARY COMMITTEE MEETING

The Library Committee Meeting has moved to the 3rd Wednesday of every month at 10:00 am, in the 1st Floor Solarium even side. This will be held on the same day as the Resident Town Hall meeting. The next meeting will take place Wednesday January 15th.

BREEZE TIME

Join us for Breeze Time every Tuesday at 2:00 pm in the 6th Floor Lounge.

January 7th -American Healthcare

January 14th-Capital Care w/Betty Samuel

January 21st-Emma Moreira

January 28th-Health Pro

Sunday's at 1:15 pm | Wednesday's at 1:30 pm

January Movies 2020

Sunday, January 5th

Singin' in the Rain-Gene Kelly stars as a Hollywood star of the silent era who finds his career jeopardized when he and his shrill-voiced leading lady must appear in a talkie together. Comedy, Arts, Entertainment, and Culture, Kids, Romance 1952 1 Hr. 42 Mins

Wednesday, January 8th

Evita-EVITA is the riveting true-life story of Eva Peron (MADONNA), who rose above childhood poverty and a scandalous past to achieve unimaginable fortune and fame. Despite widespread controversy, her passion changed a nation forever! Drama 1994 2 Hr. 14 Mins

Sunday, January 12th

The Pentagon Wars- Truth is stranger than fiction in this satiric comedy about an honest Air Force officer's attempt to expose a case of government spending gone mad. Comedy 1hr. 43 Mins

Wednesday, January 15th

Dave- Just who runs this country anyway? Uncanny Presidential look-like Dave, is recruited by the Secret Service to become a momentary stand-in for the President of the United States. Romance, Comedy 1993 1Hr. 49 Mins

Sunday, January 19th

Sleepless In Seattle- Tom Hanks and Meg Ryan star in an enchanting romance about a widower whose son convinces him to find new love and the woman who answers his call. Comedy, Romance, Drama 1993 1h 45min

Wednesday, January 22nd

The Congressman- A determined Congressman, unswayed by political betrayal, a vicious media attack and a recent divorce, strives to maintain his dignity and protect a small fishing village from commercial corruption. Drama 1996 1 Hr. 37 Mins.

Sunday, January 26th

The Peanut Butter Falcon- Emmy® winner Shia LaBeouf, Dakota Johnson, and Zack Gottsagen star in "a modern-day Mark Twain fable that will melt your heart" (Flickering Myth). Action, Adventure 2019 1 Hr. 36 Mins

Wednesday, January 29-

Young Mr. Lincoln- Henry Fonda's great stamp on the Lincoln character, directed by John Ford and featuring ten years in the President's life. Drama 1939 1 Hr. 39 Mins



You, O Lord, are a shield around me, my glory, and the one who lifts up my head. Psalm 3:3

“I don’t think that packing did any good,” I told the dentist as I sat down in the chair.

This was my second trip back to the dentist office since having my wisdom tooth pulled a few days before.

“Really? I’m sorry to hear that” said the dentist, “Usually, a packing helps with the pain of a dry socket.”

“Well it hasn’t done anything for me.” I replied. And I silently wondered if this dentist really knew what he was doing or if I had gotten myself involved with a quack.

“Well, let’s take a look.” and the dentist gently pulled the packing out.

A sudden jolt of pain knocked the wind out of me. If I hadn’t been sitting down, I’m sure I would have hit the floor. Tears streamed down my face, when I was finally able to catch my breath enough to speak, I moaned, “Puttttt....it backkkkkk...”

The dentist did replace the packing which relieved my pain. All went well. Though I was having some pain when the packing was in place, I had no idea how much pain the packing had prevented until the packing was removed.

In today’s verse the psalmist writes that God is a shield around him. What a powerful and comforting image that is. But it also makes me wonder, if I think I have problems now, what would I experience if God chose to withdraw His protection of me?

Let us pray: *Almighty God, we thank for Your protection in our lives. In this life we will never know all the things that You are protecting us from. We thank You for Your steadfast love and faithfulness, help us to remain faithful to You. In Jesus’ Name we pray. Amen.*

Questions to ponder:

Can I think of time when I felt God protected me?