

# PINNACLE LIVING

September 2019



## HERMITAGE

## NORTHERN VIRGINIA

5000 Fairbanks Ave. Alex. Va. 22311  
703-797-3800 \* Fax 703-820-1816

## Celebrating September

September 1, 1939 the Germans attacked Poland, it was the beginning of World War II. That event 80 years ago and succeeding war actions would eventually change all of our lives, forever.

### VJ DAY

*September 1*

**Labor Day (U.S.)**  
*September 2*

**Patriot Day**  
*September 11*

**Constitution Day**  
*September 17*

**World Alzheimer's Day**  
*September 21*

**World Heart Day**  
*September 29*

## HAPPY BIRTHDAY

**Wednesday September 25<sup>th</sup>**  
Residents who celebrate their birthday in September, can enjoy a luncheon in the Dining Room at 12:00 noon. Residents whose name is on the list can bring their spouse or guest along to enjoy this moment with them.

Stanley Turkel	02
Clara Nichols	05
Peter Donovan	06
Lorelle Fisher	09
Lucy Aviles	09
Mary Lumsden	09
Georgia Oden	10
Margaret O'Donnell	11
Agnes Stanton	13
Barbara Weadon	11
Marguerite Scheffey	14
Patricia Setze	16
Barbara Wax	21
Thelma Egan	25
Carol Kearns	30
Margaret Ford	30

### LUNCH BUNCH

Wednesday September 18<sup>th</sup> the bus leaves at 11:00 am for a lunch trip to Rus Uz in Arlington Va. This restaurant serves a mixture of Russian and Uzbek dishes, which allows you to taste both authentic Cuisines at one location. Please sign up in the trip folder located at the Reception desk.

## MUSICAL ENTERTAINMENT

**Sunday September 1<sup>st</sup>** join Bluegrass singers Davis & Bradley at 4:00 pm in the Lobby.

**Sunday September 8<sup>th</sup>** join Pianist and Singer duo Silver Lining in the Lobby at 4:00 pm.

**Friday September 13<sup>th</sup>** Pianist Jerry Roman at 6:00 pm in the Lobby.

**Sunday September 15<sup>th</sup>** join Keyboardist & Singer Gurda Williams in the Lobby.

**Friday September 20<sup>th</sup>** join NiteHawks Swing band at 6:30 pm in the Lobby.

**Sunday September 22<sup>nd</sup>** join Pianist Rick Mumford in the Lobby at 4:00 pm.

**Friday September 27<sup>th</sup>** join the Pacemakers band in the Lobby at 6:15 pm.

**Sunday September 29<sup>th</sup>** at 4:00 pm join Saxophonist Keith Wilson in the Lobby.

## Voter's Registration updates

**Friday September 27<sup>th</sup>** join the office of Voter's Registration for their annual updates. If you have not yet registered to vote since you moved to the Hermitage, they will be bringing their Voting ID equipment, Voter Registration and Absentee applications, and they will also be sharing some information about this upcoming general election.

## Monthly Presentations

Monday's 1:30 pm in the Auditorium

September 2<sup>nd</sup> Jerry Grossman

September 9<sup>th</sup> Cindy Courville

September 16<sup>th</sup> Film/Interviews

September 23<sup>rd</sup> Karen Walking Eagle

September 30<sup>th</sup> Cindy Courville.

## NOTICE to all VETERANS

*Are you registered with the Veterans Affairs? You may be missing out on some benefits now offered by the VA. It costs NOTHING to register! VA form VA 1010 EZ is available online or by calling the VA at (202) 745-8000. It's FREE! If you want more urging, talk to John Alford*

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September 5<sup>th</sup> at 10:00 am DMV Real ID Presentation will be held on the 1<sup>st</sup> Floor, Serenity even side.

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## STRAWBERRY PATCH

The Strawberry Patch is looking for volunteers to work in the store, mostly Saturdays, 10 -2 p.m. We train you, and you do not need to use a cash register. If you want to know more, call EdDee at 571-216-5287.

## GARDEN CLUB

Join the Garden Club at 2:00 pm on Wednesday September 25<sup>th</sup> in the Breezeway. We need residents to be a part of this club. Your ideas will make a difference. Join us. We look forward to seeing you there.

## LEMON TREE

The Lemon Tree convenience store, is located on the Ground Level. Its hours of operations are Monday – Saturday 10:00 am - 2:00 pm.

## Chaplain

## Kathy Howell

Today's column features stories about Nancy McGinnis, the housekeeper who cared for my family from the time I was a small child.

**“Anyone who is trustworthy in little things is trustworthy in great; anyone who is dishonest in little things is dishonest in great.”** Luke 16:10

I've heard it said, “No job is too small to do less than your best.” Our housekeeper, Nancy McGinnis, was living proof of that. Our kitchen was small, but that floor was always clean enough to eat off of.

Each afternoon, just before she left, Nancy would fill her bucket with water and take the bottle of pine oil off the shelf. I would watch in fascination as the clear yellow pine oil, turned the water white as Nancy poured it into her mop bucket. Then Nancy would mop that floor, being careful to catch every speck of dirt. To this very day, when I smell pine oil, I think “clean” Jesus made it clear that how we handle little things matters. I like to imagine that God smiled every time Nancy took the effort to mop that kitchen floor right, even when she thought no one would notice.

I believe that one reason “little things” matter so much is because sometimes the “big things” come on us so fast in this life, we don't have much time to think about them. I believe we are more likely to handle the big things in a truly Christian way, if we have been “practicing” our Christianity on the small stuff.

So I have to ask myself, how am I doing on the small stuff? Have I gotten lazy? Do I cut corners more often than I should? Do I tell myself I'm “too busy” or “too tired” or “why bother, no one will notice”?

The truth is the choices we make, the things we do or don't do, every part of what might seem to be an unimportant day, is important to God. Each day brings opportunities great and small to “practice” my faith in God. It is prayer that we all practice what we believe, and that there are moments each day in our lives when the things we do bring a smile to the face of God.

### FIRE SAFETY

**Tuesday September 10<sup>th</sup>** at 1:30 pm, join Chris Thompson as he presents fire prevention measures at Breeze Time in the Lobby.

### COMMUNITY LIBRARY

Residents can check out books from our community Library, located on the 1<sup>st</sup> Floor. The Library is opened every day. Check it out.

### DEPARTMENT OF MOTOR VEHICLE

**Wednesday September 25<sup>th</sup>** 10 am-2:00 pm DMV connect will be in the Auditorium. They will assist you with License renewals, car registration, ID's, etc. Please join them.

### Ice-cream Social

**Friday September 13<sup>th</sup>** at 2:00 pm join us for an Ice-Cream Social in the Lobby.

## SEPTEMBER MOVIES

**Sun, September 1st-The King and I**-In this film adaptation of the Rodgers & Hammerstein musical, widowed Welsh mother Anna Loenowens (Deborah Kerr) becomes a governess and English tutor to the wives and many children of the stubborn King Mongkut of Siam (Yul Brynner). Anna and the king have a clash of personalities as she works to teach the royal family about the English language, customs and etiquette, and rushes to prepare a party for a group of European diplomats who must change their opinions about the king. **1956 · Drama/Romance · 2h 24m**

**Wed, September 4th-Book Club**- Four friends' (Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen) lives are turned upside down to hilarious ends when their book club tackles the infamous Fifty Shades of Grey. Also starring Andy Garcia, Don Johnson and Craig T. Nelson. **2018 -Comedy 1h 43min**

**Sun, September 8th- Elizabeth Gift**-When child dies tragically of a rare heart condition, her grieving parents are left to pick up the pieces. In a sequence of events influenced by faith, they are guided to a homeless girl, and a battle ensues to reunite and heal as a family. **2010 · Drama · 1h 25m**

**Wed, September 11th- The American President**- Politics, the press and deeply held values collide in this intelligent romantic comedy when Andrew Shepherd falls in love with beautiful environmental lobbyist Sydney Wade. **1995 Drama, Comedy 1h 53mins**

**Sun, September 15th- I Am Elizabeth Smart**- Starring Alana Boden and Skeet Ulrich. Based on the true story and told from her own perspective, 14-year-old Elizabeth Smart was kidnapped by a religious fanatic, and survived being held captive for nine months before being rescued. **2017 -Drama- 1h 27min**

**Wed, September 18th- Running Grace**- An orphan uses his blazing speed to deliver medicine to the coffee pickers in the mountains of Hawaii. Young love soon blossoms when he begins a forbidden romance with the daughter of a plantation owner. **2018 · Romance · 1h 50 mins**

**Sun, September 22nd-How to make a Quilt**- Soon-to-be-wed graduate student Finn Dodd (Winona Ryder) develops cold feet when she suspects her fiancé is cheating on her. In order to clear her head, Finn visits her grandmother, Hy (Ellen Burstyn), and great aunt, Glady Joe Cleary (Anne Bancroft), in Grasse, Calif. There, Finn learns that Hy and Glady Joe are members of a group of passionate quilters, and over the course of her visit she is regaled with tales of love and life by women who have collected rich experiences and much wisdom. **1995-Drama- 1 Hr. 57 Mins.**

**Wed, August 25th- Mission of Honor**-Mission of Honor is the story of Hurricane Squadron 303, a group of brave pilots who fought in the skies over England in WW2, not just to keep Great Britain free from the Nazis, but also to keep alive the very idea of their own country, which had existed in its modern form for barely twenty years before it was crushed ...**2018- Drama- 2 Hrs. 3 Mins.**

**Sun, September 29th-Regarding Henry**-An unscrupulous corporate lawyer, Henry Turner (Harrison Ford) will do whatever it takes to win a case, and treats his family with the same degree of ruthlessness. After Henry gets caught in the middle of a robbery and is shot in the head, he wakes from a coma to find that he has amnesia and can't even remember how to do the simplest of tasks. As he recovers and relearns how to function, Henry reveals a much kinder and more thoughtful personality, much to the surprise of his family and friends. **1991-Drama-1h 48 Mins.**

# MOVIE OF THE MONTH -- LBJ



**FRIDAY SEPTEMBER 6<sup>TH</sup> JOIN US AT 6:00 PM IN THE AUDITORIUM FOR THE MOVIE LBJ.**

**THIS IS A 2016 AMERICAN POLITICAL DRAMA FILM ABOUT THE BEGINNING OF THE PRESIDENCY OF LYNDON B. JOHNSON FOLLOWING THE ASSASSINATION OF UNITED STATES PRESIDENT JOHN F. KENNEDY. IT WAS DIRECTED BY ROB REINER. THE FILM STARS WOODY HARRELSON AS THE TITULAR PRESIDENT, ALONG WITH JENNIFER JASON LEIGH AS HIS WIFE LADY BIRD JOHNSON, RICHARD JENKINS, BILL PULLMAN, KIM**

**ALLEN, MICHAEL STAHL-DAVID, ALONG WITH A HOST OF STARS.**

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## **MONTHLY MOVIE LIST**

Residents can pick up the movie list for October at the Reception desk. Residents can select (9) movies of choice that they would like to watch and turn it back in to the Receptionist.

If you do have a movie suggestion for the Friday Night Movie of the month, which is shown in the Auditorium, please write it down as well.

## **COCA COLA VS. PEPSI**

**MONDAY SEPTEMBER 30<sup>TH</sup>  
JOIN US AT 1:30 PM FOR OUR  
BLIND TASTE TEST IN THE  
LOBBY.**

**RESIDENTS CAN ENJOY LIGHT  
REFRESHMENTS WHILE DOING A  
TASTE TEST OF THESE TWO  
DRINKS. YOU WILL BE ASK TO  
TASTE AND WRITE DOWN WHAT  
DRINK YOU THINK IT IS. IT MAY  
NOT BE AS EASY AS WE THINK.**