

# PINNACLE LIVING

June 2020



HERMITAGE | NORTHERN VIRGINIA

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**Celebrating June**

**Men's Health Month  
Foster a Pet Month**

**Great Outdoors  
Month**

**Soul Food Month**

**Yo-Yo Day  
June 6**

**Flag Day: U.S.  
June 14**

**Juneteenth: U.S.  
June 19**

**International Surfing  
Day  
June 20**

**Play Catch Week  
June 21-27**

**Father's Day  
June 21**

## DESIGNER MASKS

If you would like a cloth mask, please call Mary King at 703-797-3880. It is a donation from Susy Nixon. Susy is Donna's best friend and is a quilter and this is her ministry during the Pandemic.

## HAPPY BIRTHDAYS

*Wednesday June 24<sup>th</sup> residents who celebrate their birthday in June, can enjoy a special lunch in their room at lunchtime.*

- Daniel Fincher 1*
- Robert Young 2*
- William Woldt 4*
- Samuel Wax 5*
- Marvin Ribyat 6*
- Pauline Watts 17*
- Daniel Krinsley 22*
- Joseph Marsden 23*



Plants in our community

## GARDEN | CLUB

Thanks to members of the Garden Club, for all that they do in maintaining the beautification with plants and flowers in and around the community. Thank you.

## ENTERTAINMENT

**Monday June 1<sup>st</sup>**

- 1:00 pm: Interview w/Jim Nabors
- 3:00 pm: Travel to Columbia

**Saturday June 6<sup>th</sup>**

- 11:00 am – Dean Martin**
- 3:00 pm-Movie: Now you see me**

**Monday June 8<sup>th</sup>**

- 1:00 pm: Interview w/Audrey Hepburn
- 3:00 pm: Travel to Mauritius

**Saturday June 13<sup>th</sup>**

- 11:00 am –Don Rickles**
- 3:00 pm- Movie: Winter People**

**Monday June 15<sup>th</sup>**

- 1:00 pm: Interview w/Steve McQueen
- 3:00 pm: Travel to Sweden

**Saturday June 20<sup>th</sup>**

- 11:00 am –Lucille Ball**
- 3:00 pm- Movie: A Day in the Life**

**Monday June 22<sup>nd</sup>**

- 1:00 pm: Interview w/Joan Crawford
- 3:00 pm: Travel to Macedonia

**Saturday June 27<sup>th</sup>**

- 11:00 am – Richard Pryor**
- 3:00 pm-Dead Poets Society**

**Monday June 29<sup>th</sup>**

- 1:00 pm: Interview w/Walter Matthau
- 3:00 pm: Travel to Kuala Lumpur

**Stay tuned to Channel 22 for lots more entertainment**

## **VISITOR VISTA**

Residents who are interested in seeing their loved ones can do so by going to the Garden Level Solarium even side. The glass dividing the outside Patio and the Solarium is very instrumental in making this a success. Family members have already begun utilizing it and appreciate it very much. Please call Mary King at 703-797-3880 if you would like to schedule your family meeting.

## **MAGIC WITH DAVID BLAINE**

Residents can stay tuned to channel 22, every Wednesday in June at 1:00 pm, for "Magic with David Blaine." Blaine is a 47 year- old American illusionist and endurance artist who is renown in his field. He is best known for his high-profile feats of endurance and has set and broken several world records. Blaine innovated the way magic is shown on television by focusing on spectator reactions.

## **SCHEDULE LAUNDRY DAY**

There have been some changes to our norm due to the COVID-19 and scheduling the use of the laundry room on each floor was one of them. Residents were called and put on a schedule time to use the laundry room so that multiple people would not be in the laundry room at the same time. Thus far it has been working nicely. Thank you everyone for all your cooperation. If you have not yet scheduled a laundry day/time, please call Mary King at 703-797-3880.

## **GROCERY SHOPPING**

There are some residents who would like to go shopping in the Lemon Tree or even out to the grocery store. Residents can now call down to the Lemon Tree before Wednesday each week, with their grocery list, and their items will be purchased and delivered to them on Thursday. If you are interested, please call is 703-797-3882.

## **Future Generations Charles Wickam**

There's a Talmudic story that tells of a man who planted a carob tree. Asked when he thought the tree would bear fruit he replied, "After seventy years." When asked then whether he expected to personally benefit he responded, *"I did not find the world desolate when I entered it, and as others have planted before me, so do I plant for those who will come after."*

Such wisdom in planning for the future and those who will follow. Consider making a gift to the Samaritan Program in your estate plan, it is such an important part of your community and will benefit those to come.

If you would like to know more ways in which you can make a difference for your community, please contact Charles Wickham, Director of Donor Development, at [cwickham@pinnacleliving.org](mailto:cwickham@pinnacleliving.org) or call 804-474-8724.

## **Hermitage Worship Service**

Every Sunday you can join Kathy Howell at 11:00 am on channel 22 for Hermitage Worship service.

## **ABSENTEE VOTING**

Absentee voting for the June 23, 2020 Republican Party Primary Election for US Senate is Tuesday June 23<sup>rd</sup>.

If you would like an Absentee Ballot application, please ask the Receptionist and one will be made available to you.



**“Commit your way to the Lord, trust in Him, He will protect You.” Psalm 34:7**

On June 6, 2001 my husband Chuck and I were headed home after a conference. It was an 8-hour trip and now it was about 2 am. We were on a long, nearly empty stretch of interstate. There was a wide wooded median which separated the north and south bound lanes. Imagine how surprised we were to see some headlights coming toward us. It was a car driving the wrong way on the interstate and it was going fast. Chuck slowed and moved over from the left lane to the right, but the car changed direction and headed toward us. So Chuck slowed down even more and pulled all the way over to the shoulder nearly stopped. Still the car pointed straight at us as if the driver were trying to hit us.

“Lord help us.” I said. Chuck continued to maneuver, but the car kept changing direction and continue to head directly at us. Chuck was surprisingly calm, but there seemed to be no way to avoid being hit. I remember checking my seatbelt and even thinking that if we had to be in a wreck it was better to be hit head on where the airbags would help protect us. When the car was only about 30 feet from us, I saw Chuck jerk the wheel. Our car seemed to leap into the next lane, and the car went past us on the right almost scraping our side. We were both shocked. Chuck had acted at the exact moment needed. Any sooner and I believed the car would have changed direction again and still hit us. Any later and we wouldn't have moved out the way.

Chuck said he didn't turn the wheel. He said, “It was as if the wheel was suddenly jerked from right beneath my hands.” Chuck always believed a heavenly force jerked that wheel. I don't think it really matters. What matters is that Chuck and I both experienced the presence and the protection of the Lord that night.

*Let us pray: Lord, we thank You for all the times You protect us, especially those times we never notice. Help us to be open to Your ways, so whether You choose to intervene directly or work through us, we are ready. Protect us now in this pandemic, as we ask protection for all who live and work in our community, our loved ones and our world. In Jesus' Name we pray. Amen.*

*Questions to ponder:*

- *Has there been a time in my life when I felt like God was protecting me?*

## VANG Point Prevalence Survey Testing

**Thursday May 21<sup>st</sup>** Virginia National Guard (VANG) performed COVID-19 testing for residents and staff in our community. The National Guard who specializes in these types of missions, erected tents outside and staged testing by nasal swab sample collections. The National Guard's appearance were a bit alarming to some, because they were in military attire and full HAZMAT suits during testing. Residents did not have to do anything out of the ordinary for them to be tested. Residents were visited in their apartments for specimen collection. It was mandatory for all team members to be tested. We tested 109 residents and 131 team members, for a total of 240, which means we captured 97% of our community.

This PPS testing was of the highest priority and will give a "point-in-time" picture of the presence of COVID-19 in our community. Hermitage is one of the first communities in Northern Virginia, for this type of testing to be done by the Virginia National Guard. We would like to take this time to thank the Virginia National Guard, Residents, Families and Team Members for "hanging in there" during this difficult time.

### **P S SALON—Coming Soon!!!**

I know residents are looking forward to the Beauty Shop reopening their doors and getting back to normalcy. We are happy to announce it would be some time in June. We will notify residents with the exact date as soon as possible. There will be new guidelines for setting appointments. Stay tune for opening date.



### **HAPPY FATHER'S DAY**

**Friday June 19<sup>th</sup>** join us at 2:00 pm as we recognize all the men in our community. On behalf of Hermitage Northern Virginia, a chocolate rose will be dropped off, outside your door.

**Sunday June 21<sup>st</sup>** we would like to wish every dad a Happy Father's Day. We have wonderful programs lined up for resident's enjoyment today, beginning at 8:00 am on channel 22.

### **AMERICAN BANDSTAND**

Every Friday at 2:00 pm, residents can stay tuned to channel 22 for Dick Clark's American Bandstand, which he hosted from 1957-1988.

Dick Clark was an American radio and television personality, television producer and film actor, as well as a cultural icon. Dick introduced rock & roll to many Americans. The show gave many new music artists their first exposure to national audiences.