

# Hermitage Northern Virginia

ENRICHING LIFE'S JOURNEY

5000 Fairbanks Ave. Alex. Va. 22311 \* 703-797-3800 \* Fax 703-820-1816

JUNE 2019

## MUSICAL ENTERTAINMENT

**Sunday June 2<sup>nd</sup>** join

Guitarist/Singer Alex Young at 4:00 pm in the Lobby.

**Sunday June 9<sup>th</sup>** join Singer Charlie Lopez at 4:00 pm in the Lobby.

**Friday June 14<sup>th</sup>** Pianist Jerry Roman at 6:00 pm in the Lobby.

**Sunday June 16<sup>th</sup>** join

Guitarist/Singer Tender Polman at 4:00 pm in the Lobby.

**Thursday June 20<sup>th</sup>** join DJ Josh Irvine in the Lobby at 1:30 pm.

**Friday June 21<sup>st</sup>** join Saxophonist Keith Wilson in the Lobby at 6:15 pm

**Sunday June 23<sup>rd</sup>** join Pianist Rick Mumpford in the Lobby at 4:00 pm.

**Friday June 28<sup>th</sup>** join NiteHawks Swing Band at 6:30 pm in the Auditorium.

**Friday June 30<sup>th</sup>** at 4:00 pm join Jazz Singer Yvonne Johnson in the Lobby.

## BOOK DISCUSSION

**Tuesday June 25<sup>th</sup>** at 2:00 pm Breeze time join Author Gina Cobert in the Lobby, for a discussion about her newly released book "As we Grow Old Together."

## MOVIE NIGHT

## POMS

**Friday June 7<sup>th</sup>** at 6:00 pm in the Lobby join us for the movie "POMS." Martha is an introverted woman who moves to a retirement community that has shuffleboard, golf, bowling and other activities. Hoping to be left alone, she meets Sheryl, a fun-loving neighbor who insists that they become best pals. After coming out of her shell, Martha and her new friend decide to form a cheerleading squad with their fellow residents. As the two women hold auditions, they soon learn that it's never too late to follow your dreams, even when the odds are stacked against you.

THE ALEXANDRIA ADULT DAY SERVICES CENTER  
PRESENTS:

## The First Senior International Fashion Show

Friday, June 28, 2019  
Time: 10:30a.m.

**In the Auditorium**

5000 Fairbanks Avenue  
Alexandria, VA 22311  
703.797.3800

**Lunch will be served  
at 12:00 noon  
in the Auditorium**



THE CITY OF ALEXANDRIA IS COMMITTED TO COMPLIANCE WITH THE AMERICANS WITH DISABILITIES ACT, AS AMENDED. TO REQUEST A REASONABLE ACCOMMODATION OR AN ALTERNATIVE FORMAT, EMAIL [maurice.tomdino@alexandriava.gov](mailto:maurice.tomdino@alexandriava.gov) or call 571.384.5244



## GARDEN CLUB

Join us at 11:00 am every Wednesday in the Breezeway for Garden Club. Do you have a "Green Thumb?" Do you enjoy gardening? How about helping things grow? Even if you are just looking to start a hobby. If so, we need you to be a part of this club. Your ideas will make a difference. Join us. We look forward to seeing you there.

## LEMON TREE

The Lemon Tree is an in-house convenience store, where you can purchase in stock items or you can order the items you need and it will be delivered. It is located on the Ground Level and hours of operations are Monday – Saturday 10:00 am -2:00 pm.

## STRAWBERRY PATCH

The Strawberry Patch is looking for volunteers to work in the store, mostly Saturdays, 10 -2 p.m. We train you, and you do not need to use a cash register. If you want to know more, call EdDee at 571-216-5287.

## JEWISH SERVICE

On the first **Friday of every month** at 3:15 pm join Gideon for a Shabbat Service in the Healthcare Center Villa neighborhood 3<sup>rd</sup> Floor.

## LUNCH BUNCH

**Wednesday June 19<sup>th</sup>** the bus leaves at 11:00 am for a Lunch Bunch trip to **TGI Friday**. They serve a variety of American foods at reasonable prices. Interested in going, please sign up in the trip folder at the Reception desk.

## D-Day 75<sup>th</sup> Anniversary Parade

**Saturday June 1<sup>st</sup>** at 12:30 pm the bus leaves for a trip to Old Town Alexandria, for D-Day 75<sup>th</sup> Anniversary parade. There will be a Commemoration Ceremony with special guests, WW11 re-enactors and displays, Jazz band and Swing dancing, U.S Army Fife and Drum Corps, etc. Residents can sign up in the trip folder at the Reception desk.

## PRESENTATIONS

**Monday June 3<sup>rd</sup>** at 1:30 pm in the Lobby, join Rupali for a presentation on new and assistive phone devices for audio impairment.

**Monday June 10<sup>th</sup>** at 1:30 pm join Ambassador Cindy Courville for a presentation in the Lobby.

**Monday June 17<sup>th</sup>** join Ron Wein for a presentation titled "**From Loneliness to Happiness,**" at 1:30 pm.in the Lobby.

**Monday June 24<sup>th</sup>** join Jack French for a presentation in the Lobby at 1:30 pm.

## HAPPY BIRTHDAY

**Wednesday June 26<sup>th</sup>** **Residents** who celebrate their birthday in June, can enjoy a luncheon in the Dining Room at 12:00 noon. Residents whose name is on the list can bring their spouse along to enjoy this moment with them.

Daniel Fincher	1
Robert Young	2
Samuel Wax	5
Marvin Ribyat	6
Birdie Alston	12
Pauline Watts	17
Helen Bosserman	17
Daniel Krinsley	22
Maria Kimble	28

## T's T Shirt Plus

**Saturday June 1<sup>st</sup>** 10:00 – 2:00 pm T's T Shirt Plus will be in the Lobby selling Tee shirts, and Jewelry. Stop by and see their display.

**“Let love be without any pretense. Avoid what is evil; stick to what is good” Romans 12:9**

Nancy was a great cook. When she was younger, she had been a cook at “The Court of the Two Sisters,” a well-known restaurant in New Orleans. I wish I had paid more attention when I was young, because to tell the truth, I’m a pretty lousy cook. But I did learn to cook at least one thing from Nancy. I learned how to cook spaghetti.



The thing I enjoyed most was cooking the spaghetti pasta; taking that hard, brittle pasta, breaking it up, putting in the boiling water then stirring it until it was ready. And I loved the way Nancy tested the pasta to see if it was ready... she took out a long noodle and swung one end against the backsplash behind the stove. If the noodle stuck to the wall, the pasta was ready.

Often in my life have I felt like a wet noodle. Boiled and tossed in life, looking for something to hang on to. In his letter to the Romans, the apostle Paul tells the Romans keeps it simple. Cling to what is good, and avoid evil. Why is the simplest advice sometimes the hardest to follow?

I suppose it’s because vague, complicated instructions leave room for interpretation, room to maneuver. But plain and simple talk is just that. And sometimes, its plain inconvenient, even if it is the right thing to do.

*Let us pray: Loving Father, I have to admit that sometimes I feel the lure of temptations in my life. Help me to keep it simple, and cling to You. In Jesus’ Name I pray. Amen.*

#### **TIME TO VOTE**

**Tuesday June 11<sup>th</sup>** residents can go to the Auditorium to vote. Our community is a polling station which makes it accessible for residents to get there. Voting will be held from 6:00 am – 7:00 pm. This will be held in the Auditorium.

#### **P S SALON & SPA**

As of **June 1<sup>st</sup>** PS Salon’s cost of their services provided will be increased. There will be a new menu of services and cost in the Beauty shop.

#### **THANK YOU!!!!**

**Monday May 20<sup>th</sup>** residents of the Hermitage worked together to pack 144 kits of school supplies that will be distributed to needy children throughout the US when school begins in the fall. Each kit contains paper, notebooks, pencils, eraser, crayons, scissors and a ruler.

The project was organized by the Religious Life Committee with fund donated by the residents. Hermitage residents with all levels of abilities participated in this project. Some organized the supplies, other gathered the contents for each health kit, and still other residents packed the kits for shipping. The residents of the Hermitage gave more than just their money to help school children; they gave of their time, their energy and their prayers demonstrating that no matter what is going on in our lives, we can still reach out and help those in need.

## Sunday movies -



## Wednesday movies –Chapel

**Sun, June 2<sup>nd</sup> -My Grandpa Detective-** Detective Robert Whitmore is in for a surprise when he is assigned a new partner - his grandfather. Due to a clerical error Grandpa has been forced out of retirement after twenty years to solve an increasingly difficult case of the biggest, baddest, most brazen thief the department has ever seen. Whitmore is forced to deal with his bitterness and his own standing before God. 1 hr. 53 mins

**Wed, June 5<sup>th</sup> - The Ryan White Story-** Based on real life. After contracting HIV from a tainted blood treatment, teenaged hemophiliac Ryan White is forced to fight for his right to attend public school. Starring: Judith Light, Lukas Haas, and Michael Bowen. 1 hr. 45 mins

**Sun, June 9<sup>th</sup> - No Letting Go-**Based on a true story. When a young boy begins to struggle with anxiety, depression and mood disorder, his mother goes on a desperate quest to help her middle son cope with life. The family's world unravels as they are faced with increasingly difficult choices. But with a strong family bond, the resilience of the human spirit prevails. 1 hr. 44 mins

**Wed, June 12<sup>th</sup> -Patch Adams-**Robin Williams is Patch Adams, a doctor who will do anything to make his patients laugh -- even if it means risking his own career -- in this inspiring comedy based on a true story. 1 hr. 55 mins

**Sun, June 16<sup>th</sup> -The Railway Children-**From the Emmy-winning "Masterpiece Classic" series comes this dramatization of E. Nesbit's classic novel about three children whose lives change forever after they move to a Yorkshire cottage near a railway line. 1 hr. 50 mins

**Wed, June 19<sup>th</sup> - Yours, Mine & Ours-**A widowed Coast Guard Admiral and a widowed handbag designer fall in love and marry, much to the dismay of her 10 and his 8 children. 1hr. 30 mins

**Sun, June 23<sup>rd</sup> - Saving Mr. Banks-**Aggressively likable and sentimental to a fault, Saving Mr. Banks pays tribute to the Disney legacy with excellent performances and sweet. 2 hrs. 6mins

**Wed, June 26<sup>th</sup> - World Trade Center-**Nicolas Cage stars in the unforgettable true story of the courageous rescue and survival of two Port Authority policemen who were trapped in the rubble on September 11, 2001 after they volunteered to go in and help. 2 hrs. 9 mins.