

HERMITAGE

NORTHERN VIRGINIA

JANUARY 2021



CELEBRATING JANUARY

New Years Day
January 1

Festival of Sleep Day
January 3

Make Your Dreams Come
True Day
January 13

Strawberry Ice Cream Day
January 15

Martin Luther King, Jr.
January 18

Inauguration Day
January 20

Compliment Day
January 24

Puzzle Day
January 29

LIVE ENTERTAINMENT

Sunday January 3rd-
Old Dominion Trio

Sunday January 10th-
Keyboardist & Singer Gurda

Sunday January 17th-
Bluegrass Davis & Bradley

Sunday January 27th-
Rick Munford

Sunday January 31st
Keith Wilson

HAPPY BIRTHDAY

We would like to wish everyone who celebrates a birthday in January, Happy Birthday

Norma Jean Lawton	12
Mary Rose Hall	16
Fredrick Glockner	20
Helena Scott	23
Loretta Kuhn	30

BROADWAY MUSICAL

Monday January 4th, 2:00 pm
Broadway Musical "King and I" in the Auditorium

Monday January 11th, 2:00 pm
Broadway Musical "Funny Girl" in the Auditorium

Monday January 18th, 2:00 pm
Broadway Musical "Cabaret" in the Auditorium

Monday January 25th, 2:00 pm
Broadway Musical "Rag Time" in the Auditorium.

Live entertainment and Broadway musicals will be held in the Auditorium at 2 pm

ENTERTAINMENT

Sunny Sundays
5:00 pm-Music Appreciation
Channel 22

Musical Mondays
2:00 pm-Broadway Musical
Auditorium

Terrific Tuesdays
7:00 pm-Concerts
Channel 22

Western Wednesdays
7:00 pm-Movie
Channel 22

Thoughtful Thursdays
5:00 pm - Modern Marvels
Channel 22

Fun Fridays
5:00 pm - World Travel
Channel 22

Super Saturdays
3:00 pm - Cooking
Demonstrations
Channel 22



LUNCH BUNCH TO FAIRLINGTON PIZZA

Wednesday January 20th at 12:00 pm, join us for Lunch Bunch. Fairlington Pizza's menu will be made available and someone from Activities will take your order. Meals may cost between \$10-\$15 per entrée. If interested, join us in the Penthouse for lunch and conversation.

EXERCISE WITH JULIA

Residents can enjoy exercise with Julia every Tuesday and Thursday at 10:00 am, in the Auditorium. This program is set up for 16 but more are welcomed. We must adhere to 6 ft. social distancing, also you must wear a mask when attending this program.

YOGA WITH BONNIE

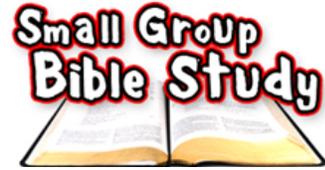
Residents can enjoy Yoga with Bonnie, every Monday at 10:00 am, in the Auditorium. This program is set up for 16 but more are welcomed. We must adhere to 6 ft. social distancing, also you must wear a mask when attending this program.

BIBLE REFLECTIONS WITH CHRIS CROSBY

Join Chris Crosby at 11:00 am every Wednesday via zoom for Bible Reflections. I know that some residents already participate in her program in their rooms, but if they would like to join us in the 6th Floor Lounge that will be great. Please remember to wear your face mask when outside of your apartment. See you there.

HERMITAGE WORSHIP SERVICE

Every Sunday join Kathy Howell at 11:00 am for Hermitage Worship in the Auditorium. You can also watch her service on Channel 22 at 1:00 pm.



Bible Study with Kathy every Wednesday at 10:00 am, in the Auditorium; all are welcome.

BILLIARDS FRIDAYS

Join Bernard Evans every Friday at 2:00 pm for billiards in the Penthouse.

NEIGHBORHOOD GATHERINGS

Every Monday, at Noon in the Penthouse, we are inviting designated neighborhoods to join us for a bagged lunch and socially distant conversation. Starting with 1st, 2nd and Ground Floors on Monday, January 4th. Subsequent floors will be gathering later in the month. Contact Bernard Evans for details.

VIRTUAL ZOOM PRESENTATION

Tuesday January 5th and 19th at 2 pm join Artist Merri Davis for painting classes in the Auditorium.

Tuesday January 12th join Ambassador Cindy Courville for a presentation at 2 pm in the Auditorium.

Tuesday January 26th at 2 pm join retired FBI agent Jack French for a presentation in the Auditorium.

GROUND FLOOR WINDOW DISPLAY

We love to showcase the many talents of our wonderful residents and this month we are excited to have, resident Marvin Ribyat's personal art collection showcased in our Ground Floor Window Display. Marvin stated that most of his painting are in dedications to his beautiful Phyllis wife.

EXERCISE WITH HEALTH PRO

Join Exercise with Moon in the Auditorium at 10:30 am every Friday (Expect January 1st). If you are interested in attending, please keep in mind there can only be two (2) people riding on the elevator at the same time. Please remember to wear your face mask.



WEDNESDAY MOVIE SHOWCASE

Every Wednesday at 2:00 PM in the auditorium, we will be showcasing a new movie.

Wednesday January 6th " The Right Stuff" in the Auditorium.

Wednesday January 13th, "Hidden Figures" in the Auditorium.

Wednesday January 20th, "Quiet Man" in the Auditorium.

Wednesday January 27th, "Father of the Bride" in the Auditorium.

ATTITUDE OF GRATITUDE

Happy New Year! We wanted to give a heartfelt thanks to our residents and families who so generously donated to the team member appreciation fund. We surpassed \$30,000 last year and this year your donations amounted to \$49,000. This means that each team member at Hermitage NOVA received a cash gift, based on hours worked this past year and length of service, averaging more than \$400. We are so glad our residents and families were able to recognize all the hard work and dedication put forth by our stellar team.



Natyla, Environmental Services Supervisor

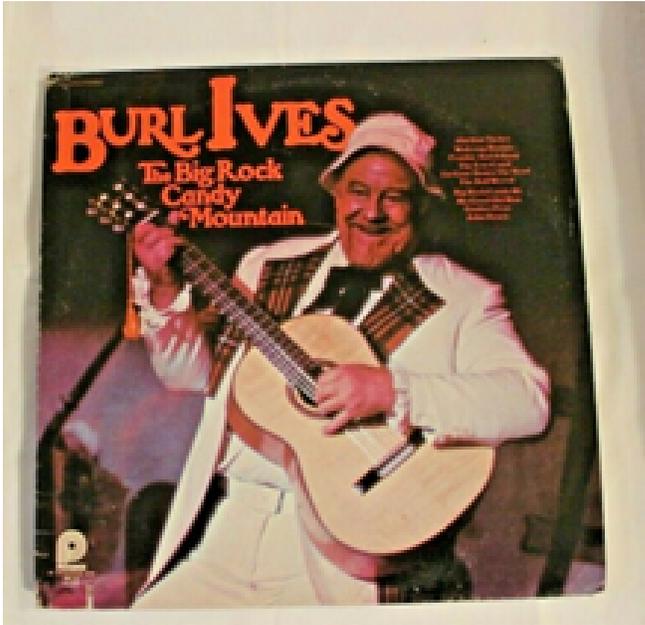
"STRAWBERRY" ICE CREAM SOCIAL

In honor of "Strawberry Ice Cream Day" we are celebrating with a socially distant ice cream social on Friday, January 15th at 2:00 pm in the Assisted Living Bistro



GOOD NEWS

KATHY HOWELL



*“But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.”
1 John 1:9*

My brother Dexter was playing music on the record player that stood on a table behind the sofa. I climbed on the sofa to get a better look and knelt on Daddy’s 78 recording of Burl Ives “Big Rock Candy Mountain.” The record shattered beneath me and I was horrified.

That was one of Daddy’s favorite records and we weren’t supposed to touch his collection of 78 records. “You’re in trouble now!” said Dexter who was 2 years older than me.

So I did what any 4-year-old would do... I decided to run away from home. I got my baby doll. I packed all her clothes and left the house. Since I wasn’t allowed leave the yard, I went outside under the thick branches of the cedar tree on the side of the house and sat on the cool grass. I decided this is where I would live.

What seemed like hours later, my big brother Bill came out on the front porch and called to me, “Kathy, did you run away from home?” “Yes, I’m going to live here forever and never come home.” “Oh, okay,” said Bill. Then after a minute he said, “I was just going to fix myself a peanut butter and jelly sandwich, do you want one?” “Yes” “Well, com’on inside and I’ll fix you one.”

Later when Daddy came home, I was so afraid. Bill encouraged me to just tell him the truth. So I told Daddy, I told him I was sorry I broke his record. Then I waited for the punishment I was sure would com, as tears rolled down my face. But Daddy picked me up and said, “I know you are sorry. It’ll be alright.” And he held me close.... It felt so good. That my friends was grace.

Some things we do seem so terrible to us, but not to God our Father. The fact is, He’s seen worse. He’s even willing to forgive those things too, as long as people are sincerely sorry and turn to Him.

